



# ADITYA COLLEGE OF ENGINEERING

(Approved by AICTE, New Delhi & Affiliated to JNTUA, Anantapuramu)

Madanapalle -517325, Chittoor Dist., A.P. [www.acem.ac.in](http://www.acem.ac.in)

Ref No: ACEM/WEC/2023-24/05

Date: 12.09.2023

## CIRCULAR

Women Empowerment Cell (WEC) of the college is organizing an “Awareness Programme on Hygiene & Self Care” on the college premises today and the details are stated below.

Speaker : Dr. Asha Neeraja, M.B.B.S, MD. (Gynecologist)

Time : 03:30 p.m

Date : 12.09.2023

Venue : Auditorium

Therefore, all I Year and III Year Girl students and female staff members shall attend the programme on time.

**Principal**

**Principal**

Aditya College of Engineering  
Madanapalle - 517325

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**Report Of**  
**Awareness Programme on**  
**Hygiene & Self Care**

**Event organized:** Women Empowerment Cell

**Venue:** Auditorium

**Date:** 12.09.2023

The details of the participants are listed below:

Sl.No	Participants	No. of Staff	No. of Students	Event Coordinator
01	Staff & Students	25	250	Ms Nalini .V



**Figure 1: Dr. M. Asha Neeraja Interacting with the Students**

As a part of Induction Programme for I B.Tech Students, Dr Asha Neeraja, MBBS, MD, a leading Gynecologist serving the capital town of Madanapalle was invited as a resource person to address on "Hygiene and Self Care". She was welcomed by the members of the Women Empowerment Cell, headed by Ms Nalini V.





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Figure 2: Staff & Students Attending the Awareness Program



Figure 3: WEC Chairperson, Felicitating the Speaker





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The Program was presided over by the Director of the Institution, Dr S.Ramalinga Reddy. In his welcome note, the Principal, Dr. K.Satish Babu spoke about the importance of health for youngsters of this generation where they do not get enough time to concentrate on themselves because of hectic lifestyles.

This was followed by the Introduction of the Speaker by Ms N.Ajitha.

In her discourse, Dr Asha emphasized on the importance of personal hygiene, women health issues, PCOD and other nutritious food to be taken. She talked at length about the common health issues faced by Girls, especially adolescents and the remedies available to tackle and heal them permanently. She also spoke in very clear and lucid manner about menstrual cycle and menstrual health and busted the associated myths one by one. The importance of a healthy balanced diet for good health was deliberated upon at length with nutritional quality of various food items. It was a very interactive session as a lot of students posed queries which were answered by the Resource Person very effectively. The efforts put in by the Resource Person and the excellent Power Point Presentation presented by her was appreciated by the students and staff alike.

The Program ended with a vote-of-thanks by Ms Nalini.V, Chairperson of the Women Empowerment Cell. The event came to an end at 4.50 pm with a traditional Felicitation ceremony .The event was a grand success.

*Nalini V.*

COORDINATOR



*K. Satish Babu*

PRINCIPAL

Principal  
Aditya College of Engineering  
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Ref No: ACEM/WEC/2023-24/22

Date: 08.12.2023

## CIRCULAR

All B.Tech students of the college are hereby informed that the "Women Empowerment Cell (WEC) "in collaboration with NSS is organizing an "Awareness Programme on Prevention of Sexual harassment at Workplace" on the college premises today and the details are stated below.

**Speaker** : Ms. Nalini.V. Asst.Prof. Dept of M.E & WEC Chair person

**Time** : 11.00 a.m

**Date** : 08.12.2023

**Venue** : Auditorium

Therefore, all staff and students shall attend the programme on time.

*K. Luni Babu*

Principal

Principal  
Aditya College of Engineering  
Madanapalle - 517325

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